Personal Development Overview 2022-23

Intro into CPSHE etting to Know people What is community? Financial Education Careers & Your Future ansition Points in your Life Sleep & Relaxation Why is politics important? ow is our country run?	Health & Well Being What is mental health? Positive Body Image Healthy Eating & Cholesterol Child Abuse Stress Management part 1 Types of Bullying County Lines – What is it?	Conspiracy Theories & Extremist narratives Extremism What is terrorism? Proud to be British	Critical thinking & fake news What is a cult? Exploring Britishness & British values	- Time Management LGBT Rights across the world Exam Stress & Relaxation		
What is community? Financial Education Careers & Your Future ansition Points in your Life Sleep & Relaxation Why is politics important?	Positive Body Image Healthy Eating & Cholesterol Child Abuse Stress Management part 1 Types of Bullying	What is terrorism?	news What is a cult? Exploring Britishness &	world Exam Stress & Relaxation		
Financial Education Careers & Your Future ansition Points in your Life Sleep & Relaxation Why is politics important?	Healthy Eating & Cholesterol Child Abuse Stress Management part 1 Types of Bullying	What is terrorism?	Exploring Britishness &	world Exam Stress & Relaxation		
Careers & Your Future ansition Points in your Life Sleep & Relaxation Why is politics important?	Child Abuse Stress Management part 1 Types of Bullying		Exploring Britishness &			
ansition Points in your Life Sleep & Relaxation Why is politics important?	Stress Management part 1 Types of Bullying		. 0			-
Life Sleep & Relaxation Why is politics important?	Types of Bullying	Proud to be British	. 0	Installife us Deallife		
Why is politics important?		Proud to be British		Inchalifour Deallife		
important?	County Lines – What is it?			Insta Life vs Real Life		
important?	County Lines – What is it?					
ow is our country run?			LGBT Rights & British Values			
	County Lines – Who is at risk?	the radicalisation process & counter terrorism		CV Writing		
Creating a Political Party	Online Safety – Cyber Bullying		What are Human rights?			
ections & campaigning	Substance Misuse	Counter Terrorism		Personal Statement Writing		
Political debates & parliament	Grooming Girls & boys		Exploring Human rights			
Exploring inside parliament	Drugs Alcohol Safety	– Anti Semitism		Post 16 Options		
Who is PM	Child exploitation Online Protection		CSE/Child Abuse			
Avoiding Gangs	Employability Skills Practice	Introduction to drugs		Virtual Reality, Live Streaming		
Staying safe Online	Proud to be me – Careers		Screen time & safe use mobiles			
Online gaming & Fortnite	career Interests & Job ideas	Different types of addictions		Drugs NPS		
What is alcohol?	Self Esteem & the Media		Common types of mental			
What is smoking?	Labour Market Information	Drugs – cannabis products		Festivals & Drugs Nitrous Oxide		
Orugs E Cigs, vaping & Sisha	Exploring careers		Self Harm			
Consent & boundaries	Desert island Living	Drug Classifications		Substance Addiction		
espect & relationships	Building a community		Suicide			
•	making decisions	Party Drugs	Juliue	Online Reputation &		
Or Co	Online gaming & Fortnite What is alcohol? What is smoking? rugs E Cigs, vaping & Sisha	Online gaming & career Interests & Job ideas Fortnite What is alcohol? Self Esteem & the Media What is smoking? Labour Market Information rugs E Cigs, vaping & Exploring careers Sisha onsent & boundaries Desert island Living spect & relationships Building a community What makes a good making decisions	Online gaming & career Interests & Job ideas Portnite Online gaming & career Interests & Job ideas Addictions What is alcohol? Self Esteem & the Media What is smoking? Labour Market Information Drugs – cannabis products Prugs E Cigs, vaping & Exploring careers Sisha Sisha Sisha Desert island Living Drug Classifications Spect & relationships Building a community What makes a good making decisions Party Drugs	Staying safe Online Proud to be me – Careers Online gaming & career Interests & Job ideas Fortnite What is alcohol? Self Esteem & the Media What is smoking? Labour Market Information Labour Market Information Drugs – cannabis products Common types of mental Drugs E Cigs, vaping & Exploring careers Sisha Desert island Living Drug Classifications Self Harm Spect & relationships Building a community Suicide Vhat makes a good Making decisions Screen time & safe use mobiles Common types of mental Drugs – cannabis products Self Harm Self Harm Suicide	Streaming Staying safe Online Proud to be me – Careers Online gaming & Career Interests & Job ideas Fortnite What is alcohol? What is alcohol? Self Esteem & the Media What is smoking? Labour Market Information Urugs – cannabis products Urugs E Cigs, vaping & Exploring careers Sisha Unsent & boundaries Desert island Living Drug Classifications Substance Addiction Streaming Screen time & safe use mobiles Drugs NPS Common types of mental Festivals & Drugs Nitrous Oxide Self Harm Sisha Unsent & boundaries Substance Addiction Substance Addiction Spect & relationships Building a community National Suicide What makes a good Making decisions Party Drugs Online Reputation &	Streaming Staying safe Online Proud to be me – Careers Different types of addictions What is alcohol? What is smoking? Labour Market Information Sisha Sisha Drugs – Cannabis products Self Harm Sisha Drugs – Self Harm Sisha Drugs – Self Harm Sisha Drugs – Self Living Drug Classifications Substance Addiction Substance Addiction Online Reputation & Substance Reputation & Suicide What makes a good Making decisions Party Drugs Drugs – Cannabis Screen time & safe use mobiles Drugs NPS Common types of mental Prestivals & Drugs Nitrous Oxide Self Harm Substance Addiction Online Reputation & Suicide Online Reputation &

15 March	В	Friendships & managing	Criminals, law & society		Suicide (thoughts &		
		them			feelings)		
22 March	Α	Being positive	law making in the UK	Illegal Drugs		Cosmetic Surgery	
28 March	В	Pressure & influence	prison, reform & punishment		Promoting emotional well being		
19 Apr	Α	Multi Cultural Britain	Intro to RSE	Sexual consent & the law		Parenthood	
26 Apr	В	What is your identity?	Healthy relationships		Honour based Violence		
3 May	Α	breaking Down Stereotypes in society	Dealing with conflict	FGM & the Law		Teenage Pregnancy advice	
10 May	В	Prejudice & Discrimination	Sexual orientation		Forced marriages		
17 May	Α	Challenging Islamophobia	Gender Identity	Delaying sexual activity		Abortion laws, morals & ethics	
24 May	В	The Equality Act 2010	What Is Love?		Online gambling		
7 June	Α	Introduction to puberty	Introduction to Contraception	Why have sex?			
14 June	В	Puberty girls Focus	Periods & Menstrual cycle		Social Media Validation		
21 June	Α	Puberty Boys focus	– LGBT what is it?	Relationships & partners			
28 June	В	Puberty – personal Hygiene	Homophobia in school & society/ Supporting those that are LGBT		Modern day Slavery		
5 July	Α	Assertive Consent	Coming Out	Pleasure & masturbation			
12 July	В	Growing Up & FGM	Challenging homophobia/		Cause of Knife Crime		
			Transphobia				