



Tuesday 16 June 2020

Welcome to the Family Information Service Newsletter

In this edition of the Family Information Service Newsletter you will find how to get involved with Learning Disability Week 2020, information on a project that Coventry and Warwickshire Mind is developing, free booklets about looking after mental health from the National Centre for Children - Anna Freud, and much much more.

Warwickshire's Family Information Service provides support, advice and one-to-one support for families, parents, carers and professionals on a variety of issues including family relationships, housing, parenting support, childcare, health and wellbeing and much more.

We are here to help, [click here for information on how to contact us.](#)

Share this newsletter with your community:



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As always, please follow the latest advice on Coronavirus (COVID-19):



What's new?



It's Learning Disability Week 2020!

Learning Disability Week 2020 is taking place online from **15 to 21 June**.

Mencap, the leading voice of learning disability have announced the the theme of the week: **the importance of friendships during lockdown**.

The current situation has meant that many people with a learning disability are feeling isolated, as they have been unable to see their friends and families.

People with a learning disability already experience high levels of loneliness and social isolation and this will have only been made worse by lockdown.

Mencap want to show the importance of friendships to help with tackling isolation, as well as exploring the different ways of maintaining friendships during this unusual time.

#LDWeek2020

[Get involved >](#)



From Protest to Positive Action

The Equality and Inclusion Partnership (EQuIP) is hosting a series of virtual discussions: "From Protest to Positive Action".

Join in to have an opportunity to learn more about your rights around Stop and Search and to put any questions to Warwickshire Police about their Positive Action initiative.

[Learn more >](#)



Changes to RISE - Mental health support for young people

The contact number for the RISE Children and Young People Crisis Team has changed.

For urgent calls for children and young people who are experiencing a mental health crisis contact the Rise Crisis Team between 8am-8pm

on 02476 641799 or call 0300 200 0011 outside of these hours.

If someone you know is struggling and needs help now, help is available.

[Read more>](#)



autism
west midlands



Eating Difficulties
and Sensory Issues



Online
ZOOM
Presentation

Wednesday 17th June 2020
10.30am - 11:30am



for
Parents
& Carers

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mind
for better mental health

Coventry and
Warwickshire

Jan

Young Black Men This

presentation is open to any parent,
carer or professional in the

Project

West Midlands who would like to
Coventry and Warwickshire Mind
learn more. has received funding
to develop a

Young Black Men's project.

The Young Black Men's project will
target Mind's services to young

people between the ages
of 11 and

30 years old who live across
Coventry and Warwickshire and
identify as being a young black man
growing up in today's society.

[Find out more >](#)



Interactive workshops by Act for Autism

Act for Autism are leading on two interactive workshops for parents.

The first workshop "Understanding your child's sensory challenges and how to help" will be held on Monday 29th June at 1.00pm. The second workshop "Transition and change – how to support your child in this changing environment" will be held on Monday 29th June at 7.00pm.

Visit the Entrust Care Partnership Facebook page for more information on how to book your place.

[Find out more >](#)



Free booklets from Anna Freud - National Centre for Children and Families

Anna Freud - National Centre for Children and Families want to do all they can to prevent the Coronavirus pandemic from impacting on children and young people's mental health. That's why they are giving clear, simple advice to all those who are supporting children and young people during this time. They have a variety of booklets to support and advise families.

[Find out more >](#)

If you have been forwarded this newsletter and would like to sign up, [click here](#).

Keep up-to-date with Warwickshire Family Information Service



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**STAY
ALERT** ▶ **CONTROL
THE VIRUS** ▶ **SAVE
LIVES**



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