



**Tuesday 16 June 2020**

## **Welcome to the Family Information Service Newsletter**

In this edition of the Family Information Service Newsletter you will find how to get involved with Learning Disability Week 2020, information on a project that Coventry and Warwickshire Mind is developing, free booklets about looking after mental health from the National Centre for Children - Anna Freud, and much much more.

Warwickshire's Family Information Service provides support, advice and one-to-one support for families, parents, carers and professionals on a variety of issues including family relationships, housing, parenting support, childcare, health and wellbeing and much more.

We are here to help, [click here for information on how to contact us.](#)

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As always, please follow the latest advice on Coronavirus (COVID-19):



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**What's new?**



## It's Learning Disability Week 2020!

Learning Disability Week 2020 is taking place online from **15 to 21 June**.

Mencap, the leading voice of learning disability have announced the the theme of the week: **the importance of friendships during lockdown**.

The current situation has meant that many people with a learning disability are feeling isolated, as they have been unable to see their friends and families. People with a learning disability already experience high levels of loneliness and social isolation and this will have only been made worse by lockdown.

Mencap want to show the importance of friendships to help with tackling isolation, as well as exploring the different ways of maintaining friendships during this unusual time.

**#LDWeek2020**

[Get involved >](#)

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## From Protest to Positive Action

The Equality and Inclusion Partnership (EQuIP) is hosting a series of virtual discussions: "From Protest to Positive Action".

Join in to have an opportunity to learn more about your rights around Stop and Search and to put any questions to Warwickshire Police about their Positive Action initiative.

[Learn more >](#)



## Changes to RISE - Mental health support for young people

The contact number for the RISE  
Children and Young People Crisis  
Team has changed.

For urgent calls for children and  
young people who are experiencing  
a mental health crisis contact the  
Rise Crisis Team between 8am-8pm  
on 02476 641799 or call 0300 200  
0011 outside of these hours.

If someone you know is struggling  
and needs help now, help is  
available.

[Read more>](#)

**autism**  
west midlands



Online  
**'ZOOM'**  
Presentation

Wednesday 17th June 2020  
10.30am - 11:30am

for  
Parents  
& Carers



## **Young Black Men Project**

Coventry and Warwickshire Mind has received funding to develop a Young Black Men's project.

The Young Black Men's project will target Mind's services to young people between the ages of 11 and 30 years old who live across Coventry and Warwickshire and identify as being a young black man growing up in today's society.

[Find out more >](#)



## **Interactive workshops by Act for Autism**

Act for Autism are leading on two interactive workshops for parents.

The first workshop "Understanding your child's sensory challenges and how to help" will be held on Monday 29th June at 1.00pm. The second workshop "Transition and change – how to support your child in this changing environment" will be held on Monday 29th June at 7.00pm.

Visit the Entrust Care Partnership Facebook page for more information on how to book your place.

[Find out more >](#)



## **Free booklets from Anna Freud - National Centre for Children and Families**

Anna Freud - National Centre for Children and Families want to do all they can to prevent the Coronavirus pandemic from impacting on children and young people's mental health. That's why they are giving clear, simple advice to all those who are supporting children and young people during this time. They have a variety of booklets to support and advise families.

[Find out more >](#)

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If you have been forwarded this newsletter and would like to sign up, [click here](#).

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**Keep up-to-date with Warwickshire Family Information Service**



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**STAY  
ALERT** ▶ **CONTROL  
THE VIRUS** ▶ **SAVE  
LIVES**

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