

Each day we will be publishing videos and or activity sheets on Facebook at the scheduled times.

Monday

Make & Play Time

10.00 am

(2-4 years)

Provides ideas for creative activities, messy play, construction play, and role play.



Tuesday

Chatter Matters

10.00 am

Provides fun activities, rhymes, or stories focused on supporting your child's speech and language, communication, and attention and listening skills.

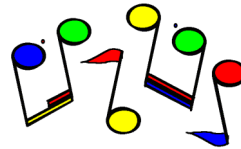
Wednesday

Song-Time

10.00 am

(0-4 years)

Songs, Rhymes and Music for your child and you to enjoy and join in.



Thursday

Baby-Time

10.00 am

(0-Mobile)

Songs and activities for you to enjoy with your baby.



Friday

Make & Play Time

10.00 am

(2-4 years)

Provides ideas for creative activities, messy play, construction play, and role play.

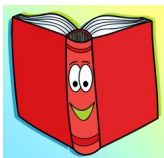


Story -Time

1.30 pm

(0-4 years)

Provides stories to listen to and enjoy with your child.



Family Wellbeing Time

1.30 pm

Information to support you as a parent and strategies to try at home with your children.



Activities & Support for children with SEN

1.30 pm

(0-4 years)

Provides activities and information to support children with sensory/ additional needs.

Active -Time

1.30 pm

(2-4 years)

Activities and games to get you up and moving.



Chatter Matters

1.30 pm

Provides fun activities, rhymes, or stories focused on supporting your child's speech and language, communication, and attention and listening skills.



Early Help and Targeted

Support Team

There will be no family Support drop in sessions, but the Duty Line is still operating

9am until 4pm

Mon to Fri

Duty Line

Telephone Number

01926 412 412



QUIT4BABY

COVID-19

Pregnant smokers can help to protect themselves from the increased risk of serious health consequences associated with Covid-19 by quitting smoking. Smoking compromises the immune system which may give the body less protection against the virus. Pregnant women are now classed as a vulnerable group who should follow government advice to reduce the chances of contracting COVID-19.

Helpline: 07917 227 004



www.quit4baby.co.uk

Our friendly advisors are now supporting pregnant women over the telephone and providing FREE Nicotine Replacement Therapy for women who want to quit.

Go to [NHS.UK/coronavirus](https://www.nhs.uk/coronavirus) for information about the virus and how to protect yourself.

Service provided by
South Warwickshire NHS
NHS Foundation Trust



Family Information Service :

We provide information, advice and one-to-one support for families with children and young people aged 0 to 25 years across Warwickshire on issues including: family relationships; finance; housing; parenting support; special educational needs and disabilities (SEND); childcare; and health and wellbeing.

Phone: 01926 742274

Email: fis@warwickshire.gov.uk

Or see website for more information

www.warwickshire.gov.uk/fis



Believe in children
Barnardo's



Nuneaton Children & Family Centres

Advice & Support

Our centre's are currently available for support over the phone/ or Facebook message.

Our Family Link Worker is able to provide initial support and advice on a wide range of issues of a non-medical nature, and signposting information to guide you to the most appropriate service for your needs.

Phone lines are open:

- **Riversley Park on 024 76378600,**
10am -3pm Mon -Fri
- **Camp Hill on 024 7634 4334,**
9am-4pm Mon-Fri

(Please note lines are closed on bank holidays)

Well Baby Clinics

South Warwickshire NHS
NHS Foundation Trust

Well Baby Clinics have been cancelled by the Health Visiting Team until further notice. If you have any concerns please ring your local Health Visitor or contact via

Warwickshire Chat Health Texting Service: 07520615293

Mon—Fri, 9am—5pm (excludes B/H)



C&WPT Children and Young Peoples Specialist Mental Health Service are working together with the Crisis Team to provide a support -line service for children and young people 24 hours, 7 days a week. Lines are open:

8am to 8pm please phone **02476641799**

8pm to 8am please phone **02476938000**

Or see website for up to date links, advice, guidance and support: www.cwrise.com

Nuneaton Children & Family Centres Contact Details

Riversley Park CFC

Clinic Drive
Nuneaton
CV11 5TY
Tel: 024 76378600

Camp Hill CFC

Hollystitches Road
Nuneaton
CV10 9QA
Tel: 024 76344334

Stockingford CFC

& Library
St Pauls Road
Nuneaton
CV10 8HW
024 76383708



Find us on
facebook

at Barnardo's
Nuneaton Children and Family Centres

Please see our Facebook page for any updates

Barnardo's Charity Number 216250