

**HIGHAM LANE  
SIXTH FORM**

# **Health and Social Care**

HIGHAM LANE SIXTH FORM - ACHIEVE - BELIEVE - SUCCEED

## FAQs

Do I need to have already studied Health and Social Care?

No! Whilst this course links nicely to Level 2 BTEC or Cambridge National Qualifications you do not have to have studied one of them.

This Cambridge Technical Level 3 Extended Certificate course combines practical, vocational and academic work to give an introduction to a wide range of health care roles. The combination of assignments and examinations ensures you gain an in-depth understanding of what it means to work in the care industry. The topics studied will equip you with some of the skills needed for a wide range of careers including; nursing and midwifery, social work and teaching. It will provide you with the skills, knowledge and understanding to progress into Higher Education on a health and social care-related programme such as Health and Social Care, Nursing, Teaching, Social Work or Early Childhood Studies.

Exam Board: OCR –Cambridge Technical Level 3 extended Certificate

Assessment:

Every unit achieved will be graded as Pass, Merit or Distinction. A learner must get at least a Pass for every unit to be awarded the qualification they have entered for.

6 units comprising of 3 examination papers and 3 internally assessed reports covering:

Building positive relationships in Health and Social Care	(Internally assessed report)
Equality, Diversity and rights in Health and Social Care	(External Examination)
Health, Safety and Security in Health and Social Care	(External Examination)
Anatomy and Physiology for Health and Social Care	(External Examination)
Sexual Health, Reproduction and Early Developmental Stages	(Internally assessed report)
Nutrition for Health	(Internally assessed report)

Course Details:

Building positive relationships in Health and Social Care

Types and contexts of relationships  
Types and theories of communication  
Factors affecting relationships  
The Person Centred Approach

Anatomy and Physiology

The Cardiovascular and respiratory systems  
The Digestive system  
The Control and Regulatory systems  
Treatment and care of malfunctions

## FAQs

How is a  
Cambridge  
Technical  
different to an  
A Level?

The Government reforms meant that A Level Health and Social Care is no longer offered nationally. This was because they wanted students in this field to get more vocational experience. Cambridge Technicals achieve this as they are different in the way they are assessed. 50% of the course is assignments and 50% is an external exam.

## Equality Diversity and Rights in Health and Social Care

The Rights of Individuals

The Care Values

Discriminatory Practices

The impact of legislation and national initiatives

## Sexual Health, Reproduction and Early Developmental Stages

Sexual Health and Contraception

Pre-natal Health and Conception

Health in Pregnancy

The stages of Pregnancy and Post Natal Care.

Care and Development of the Baby

## Health, Safety and Security

The types and impact of hazards

Legislation to promote health and safety

Roles and responsibilities

Responding to emergencies

## Nutrition for Health

Nutritional and Diet guidelines

The functions of nutrients

Factors which influence nutritional health

Improving Nutritional Health

## Other Learning Opportunities:

Visit local service providers and carry out health promotion activities and interactions.

The opportunity to carry out a placement in a health or social care setting of your choice.

Mentoring of KS4 students in school.

Shadowing of care workers.

Guest speakers from the care sector in lessons.

## Where next with this course?

Health and Social Care is useful for several careers in Health, Wellbeing and Social work. This subject has strong links to the following career and degree areas: speech and language therapy, physiotherapy, nursing, midwifery, teaching, early year's education and social work.

## FAQs

Why should I study Health and Social Care?

It is an excellent foundation course for careers in areas such as nursing, midwifery, social work or being an early years practitioner.

You will explore lots of exciting topics including understanding how your body functions and malfunctions, safeguarding, the law on care and sexual health.

For more information about  
courses that are available at  
Higham Lane Sixth Form,  
please visit our website

