

Welcome

Year 13 Information Evening

(Exam preparation)

Mr Hanif Ladha, Assistant Headteacher (Head of Sixth Form)

Mrs Kirstie Robinson, Deputy Headteacher

Izzy Bromage

Megan Lynch

Achieve, Believe, Succeed



This evening

- Being exam ready – Mr Ladha
- Revision strategies – Mrs Robinson
- Top tips (student perspective) – Izzy Bromage and Megan Lynch
- UCAS update – Mr Ladha

Key Dates

- Monday 23rd January – Year 13 trial exams start (two weeks)
- Friday 17th February – Break up for half term
- Monday 27th February – Return to sixth form
- Wednesday 1st March – Year 13 Student Finance Evening
- Monday 6th March – Year 13 Spring Student Progress Reports issued
- Thursday 9th March – Year 13 Student Progress Evening
- Friday 31st March – Break up for Easter
- Saturday 1st April – Sky Dive
- Monday 17th April – Return to sixth form
- May – Year 13 External Exams begin
- Friday 26th May – Break up for half term
- Monday 5th June – Return to sixth form
- Friday 30th June – Year 13 External exams are completed

Exam Preparation

Parent and carer – top ten tips

- Being a role model
- Help them set goals
- Keep them active
- Healthy eating
- Time out
- Sleep patterns
- Unplugging
- Staying cool and calm
- Belief
- Be supportive

Exam Preparation

Student – top ten tips

- Commit to improve
- Get organised (and stay organised)
- Review your work regularly
- Don't procrastinate
- Don't leave things to the last minute
- Participate in lessons
- Read your teacher's feedback (and act on them)
- Ask for help
- Repeat work (if it's not as good as you want)
- Find enjoyment in your subjects

**Don't just practice till you get it right,
Practice till you can't get it wrong**

8, 8, 8 rule

Don't count the days but make the days count

Marginal gains have impact

You can if you think you can

Stand tall

Using revision time effectively

- Plan for Revision
- Time management
- Top tips from successful students

The Iceberg Illusion

Success is an iceberg

SUCCESS!

WHAT PEOPLE SEE

WHAT PEOPLE DON'T SEE

Persistence



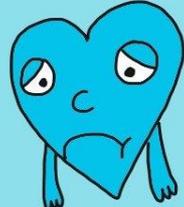
Failure



Sacrifice



Disappointment



Dedication



Hard work

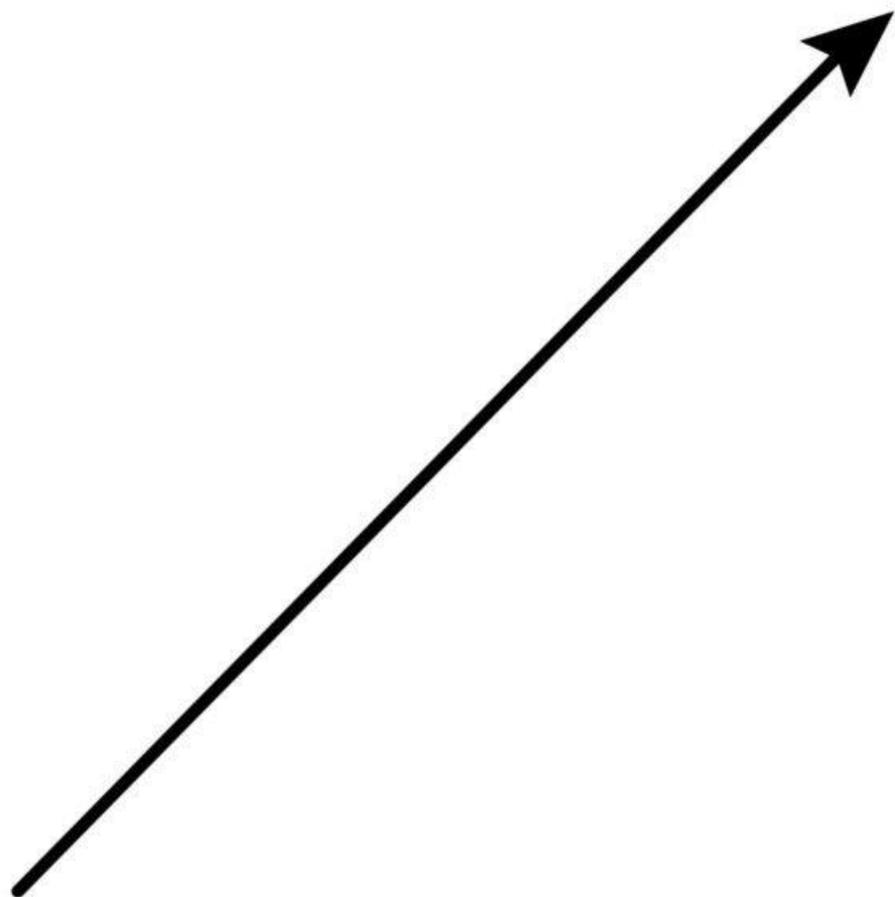


Discipline



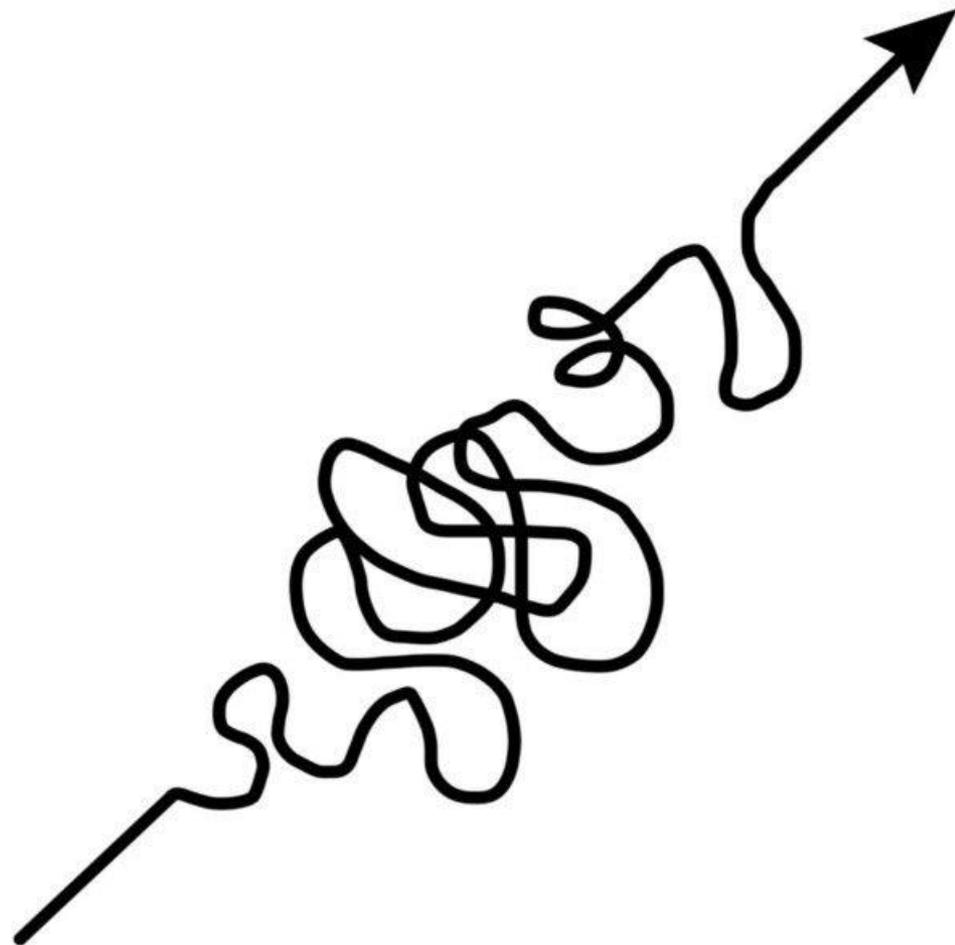
@sylviaaduckworth

SUCCESS



what people think
it looks like

SUCCESS



what it really
looks like

Start with a plan!

- ‘The best thing my mum ever did for me was make me ***set up a revision timetable. I wrote out every topic within every subject I needed to revise,*** then estimated how many sessions of 50 minutes I would need to revise that topic.
I then ***put this into a timetable*** so when it came down to revising ***I wouldn't spend ages just flicking through any book finding something to revise, but would know exactly what area*** I was to cover in that ***time period.***’

Time management

- ‘You don’t want to be in a situation where you haven’t got enough time to cover everything you need to, ***so start early if you have to, to get the job done.*** Cramming, overly long revision sessions and not covering material in enough detail won’t do you any good.’

Time management

- If you need to meet a certain number of study hours in a single day, ***experiment with revising at different times to avoid long, unproductive sessions.*** This might mean doing a little work before school, at lunchtime or after school (before and after dinner).

Time management

- ***‘Stick to short revision sessions, take breaks, and switch around*** what and how you study to keep things interesting. A four-hour study session without breaks may look impressive; ***but if you’re not remembering what you need to, how effective is it really?*** The human brain can only go so long without being distracted, ***so don’t push yourself beyond your limits.’***

Top tips from successful students!

- ***'Break down your subject into ordered sections.***
Breaking down the exam into lots of little sections makes revision less daunting, and you'll know exactly where you stand in terms of how much you've done.

For my exams, ***I broke down a module into 20 sections or topics.*** It meant ***it didn't seem like much of a chore*** to start the next one, as they didn't last long. Then, before I knew it, I'd whizzed through the module without it being much work.'

Top tips from successful students!

- ‘Make it more manageable. Starting to revise can feel overwhelming, especially if an exam covers two years of work. ***Breaking things down*** can be a great psychological win and make things slightly more achievable.’
- ‘In the harder questions, ***I have to think about it and work it out.*** That's what you need to be able to do to get the high grades.’
- ‘You're unsure what will come up in an exam, get a ***copy of the syllabus off the internet and literally tick off every single thing on the list.***’

Top tips from successful students!

- ***‘Revise continually.*** Don't leave it a few weeks before an exam. Revise the stuff you're learning as you learn it.’ – Building exam and revision stamina is key.
- ***‘If it’s not working, change it’*** – there are so many different revision strategies, what works for you? What works best for a particular topic? See handout

Top tips from successful students!

- ***Read examiner's reports:*** publicly available, tips, examples of what to do and what to avoid (highlight key points, mind-map)
- ***Practice past exam papers/exam questions:*** This is a great way to get accustomed to the **type of questions** you'll face in an exam, as well as the ***language the questions will be asked in*** – something like this might throw you off if you're encountering it for the first time on exam day.

Top tips from successful students!

- ***'Put down those*** revision cards and mind-maps once you've learned them. There's no point going over something a million times; you ***need to be able to apply it.***
- 'Trawl through the ***mark scheme*** and ensure you understand everything there. This gives you a better idea of ***how to think through an exam question.***

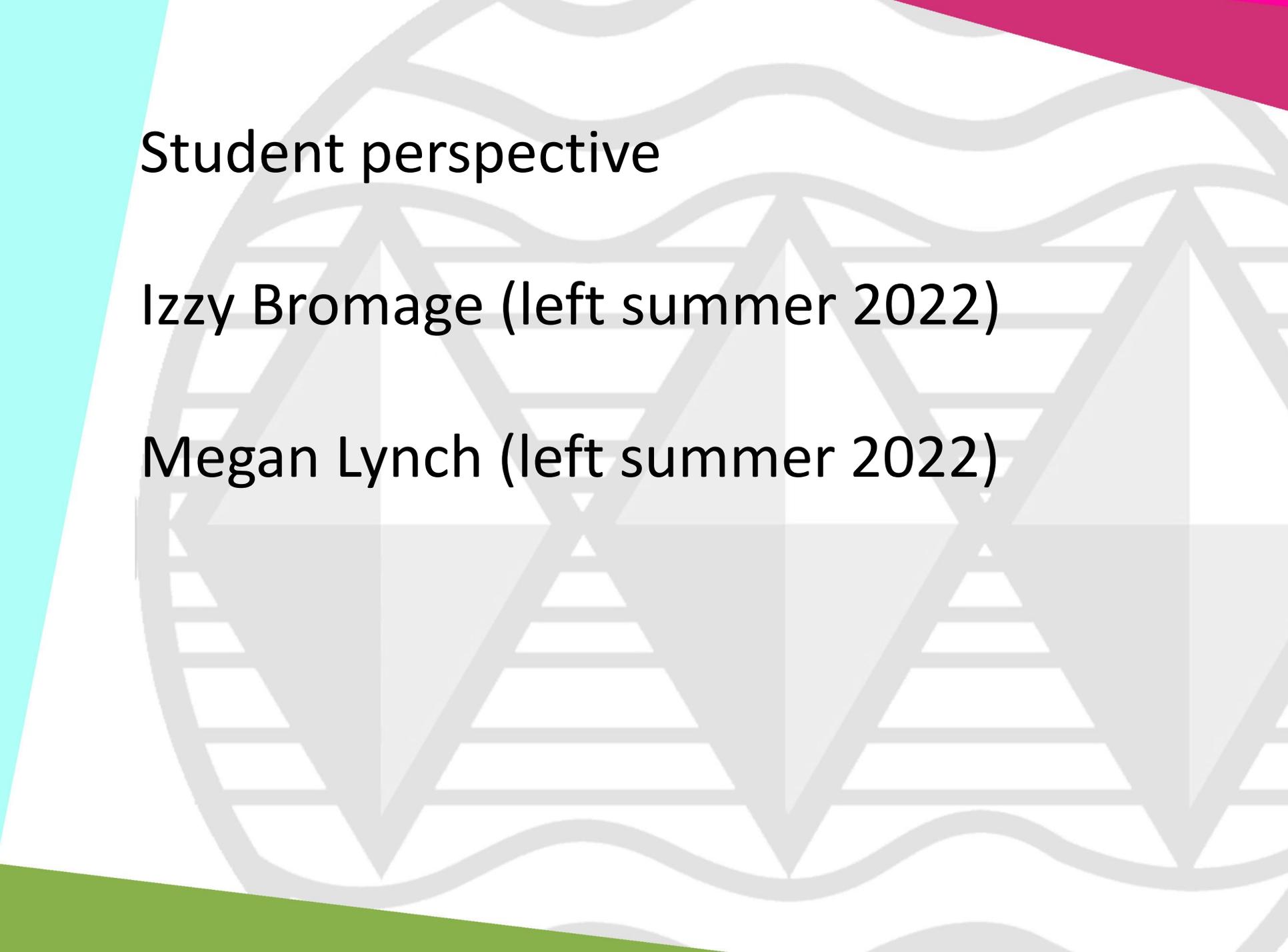
Summary

- Start NOW!
- Revision timetable
- Break topics down
- Short sessions, build in breaks
- Experiment with different revision strategies/different times to do revision
- Copy of syllabus for each subject
- Examiner's reports
- Know mark schemes
- Practice exam papers/questions



It always seems
impossible until it's done.

Nelson Mandela

The background features a repeating geometric pattern of interlocking triangles and circles in a light gray color. This pattern is overlaid on a white background. There are three colored shapes: a cyan triangle in the top-left corner, a magenta triangle in the top-right corner, and a green triangle in the bottom-left corner.

Student perspective

Izzy Bromage (left summer 2022)

Megan Lynch (left summer 2022)

**HIGHAM LANE
SIXTH FORM**

TOP TIPS FOR REVISION



ACHIEVE - BELIEVE - SUCCEED

- Who am I?
- First Year doing Theoretical Physics at Durham University
- Studied Maths, Further Maths and Physics at A-Level

Top Tips for Students

- Colour code topics in a red, amber, green system
- Past Papers! Remember to pace yourself
 - physicsandmathstutor.com,
alevelmathsrevision.com, isaacphysics.com
- YouTube
 - Hinds Maths, Mr Turnbull's Physics, Science Shorts
- Utilise your teachers!!
- Location Changes
- Copying Notes vs Active Revision
- Planning
 - Loose schedule, Use Study Periods, Rest Breaks.

Top Tips for Parents/Carers

- Help with organisation
 - Schedule, organising a desk/table space, equipment
- Rest
 - Sleep, light hobbies, avoid overworking/burnout
- Gentle Encouragement
 - Check in with how they are doing, give them space when its needed



Degree Apprenticeships

Megan Lynch

Operations Degree Apprentice

Undergraduate on Aston University's Supply Chain and Logistics Leadership Course

What is a Degree Apprenticeship?

- A pathway you might not have heard or thought of
- A gateway into the working world
- On the job learning
- The SAME level degree as full time university
- You earn while you learn



How my Apprenticeship Works

The 3 parts

A full time working position



- ▶ I have a full time working position on a CEVA site – Hams Hall
- ▶ My manager moves me around site to work in roles that correlate to my university module at the time
- ▶ I am given supported leadership responsibilities
- ▶ Site visits to other CEVA sites and head office to meet SLT, gain exposure and increase networking

In person teaching days



- ▶ 2 or 3 in person intense days at University per term
- ▶ Paid accommodation by the company if you live far enough away
- ▶ Paid mileage if you have to drive there and back everyday
- ▶ Site visits from course leaders when needed

Collaborative Webinars/Online learning



- ▶ A university call every Friday to deliver a lecture in the morning
- ▶ Constant contact to course leaders for any help that is needed
- ▶ My manager supports this by allowing me to work from home on Friday to make up my OTJ hours (government required)
- ▶ OTJ hours – off the job hours – learning time in my paid hours, we are allowed 20% of our weekly ours OTJ

Revision Top Tips

1

Rinse and repeat – you can never read and re-write your notes from memory enough times – it may be boring, but it works!

2

Quizlet – Make some flashcards on quizlet, instead of scrolling through socials at night play the flashcard quiz games, the information goes in without even knowing it (my most effective method)

3

Verbal Quiz – Get someone to ask you quick fire questions, don't think, just answer! If you're wrong they tell you the answer and add to the bottom of the list – don't stop until you get 100%

4

Practice Questions – I hated this, but exams are pretty much the same questions over and over again, study the mark schemes, find out what the examiner is looking for. If they're happy – You will be on results day

5

Relax - I think this is the most important, have downtime, go into your exams relaxed. I did not do this and as soon as I came out of every exam I regretted it. You are always better than you know!
Believe in yourself, you will do great things.

UCAS – Higher education

25 January 2023 - *Entry deadline*

The entry deadline for undergraduate courses.

23 February 2023 - *UCAS Extra opens*

UCAS Extra opens for students who have not gained an offer from any of their five chosen universities. This allows the students to add an extra choice one at a time until an offer has been made.

TBC May 2023 - *University choice deadline*

The deadline for your child to confirm their first and insurance university from the offers that have been made. A later deadline may apply if your child is still awaiting a decision from a university.

30 June 2023 - *UCAS Extra closes*

Final date to apply in Extra for 2022. After this date, all applications must be made through Clearing.

TBC July 2023 - *UCAS Clearing*

Clearing opens - students can begin researching available universities and courses prior to knowing if an offer has been confirmed.

Thursday 17th August 2023 - *A level Results Day*

A Level results are released from 8am - although some universities may have confirmed or denied their place prior to this. Try to make sure your child is present on the day in case Clearing is necessary.

Finally

- We ARE all in it together
- Monday 23rd January 2023 – Y13 Trial Exams (two weeks)
- Wednesday 25th January 2023 – UCAS DEADLINE
- Wednesday 1st March 2023 – Finance Evening
- Thursday 9th March - Student Progress Evening

- 131 days till the first written exam

- Pick up all the handouts

Keep in touch sixthform@highamlaneschool.co.uk