

LEGO®-Based Therapy

Developed by Daniel LeGoff

What is it?

LEGO®-Based Therapy is an evidence-informed, play-based, social communication program, developed by Daniel LeGoff in the early 2000's. It is a gentle, child lead way of helping develop social awareness whilst still being true to the individual's neurotype.

It is a strengths-based program that works by teaching the participant observation and adaptability skills rather than rote language or a checklist of social information.

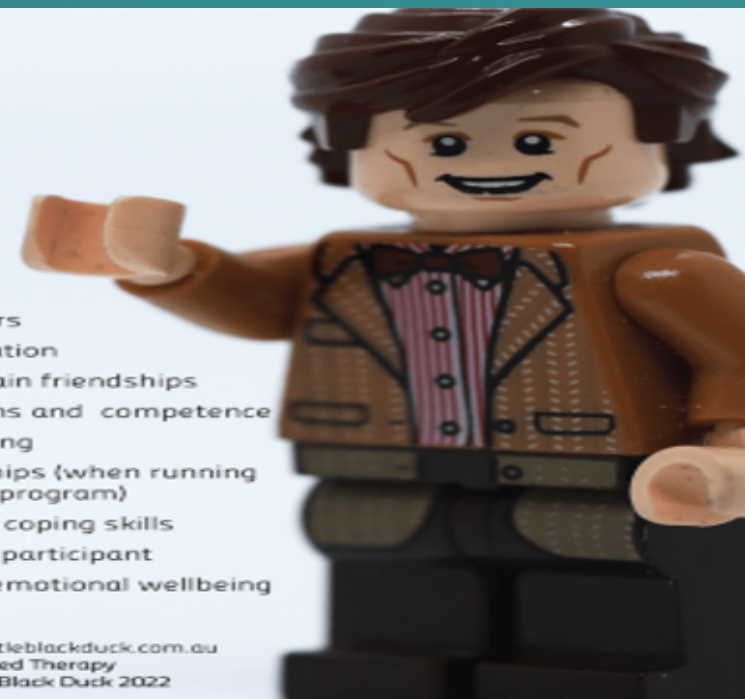
The participants learn to look to each other for information, support and build relationships in a safe and respectful environment.

Benefits

- Improves teamwork
- Improves critical thinking
- Reduce problem behaviours
- Improve social communication
- Builds and helps to maintain friendships
- Improves social interactions and competence
- Increases sense of belonging
- Improves family relationships (when running as a parent-implemented program)
- Improves adaptability and coping skills
- Improved wellbeing in the participant
- Improves confidence and emotional wellbeing



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LEGO®-Based Therapy
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LEGO Therapy is a structured, group-based intervention designed to help children develop their communication, social, and teamwork skills through collaborative LEGO building activities. It is a fun and engaging way to support their personal development in a safe and supportive environment.



WORK HARD.
BE KIND.
TAKE RESPONSIBILITY.