ANTI-BULLYING

At Higham Lane School, every student has the right to feel safe, respected, and supported. We take a zero-tolerance approach to bullying in all its forms—including physical, verbal, social, and cyberbullying—and we take every report seriously.
If you are experiencing bullying, witnessing it, or are a parent or carer worried about a young person, you do not have to deal with it alone.

How to get support in school:

- **Speak to a member of staff:** Talk to your **Form Tutor**, **Head of Year**, or a member of our **Safeguarding Team**.
- **Report it online:** Use our email **HLSHelp@Highamlaneschool.co.uk**
- **Report it via our STOP box:** Anonymous reporting outside the Attendance Hub

External Advice & Confidential Helplines:
If you would prefer to speak to someone outside of school, or if you are looking for practical guidance as a parent or carer, the trusted organisations below offer free, confidential support and expert advice.

FAMILY LIVES

www.familylives.org.uk

Parenting and family support from **Family Lives** (formerly Parentline Plus) through their website, online chat, helpline 0808 800 2222 and parenting classes.
For straight forward advice and information if you are worried about bullying (the link is to their bullying advice pages) it also has lots of other very good pages on issues that all parents face from time to time.

http://www.bullying.co.uk/advice-for-parents/

THINKUKNOW

Thinkuknow from CEOP

Guide to internet safety and safe surfing for young people from **Think** U **Know** – Lots of information about how to stay safe online and what's good and not good about online lives.

CHILDLINE

Childline

Bullying and cyber bullying
Get information and advice on bullying.

NSPCC

http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/

https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/bullying-and-cyberbullying/

This website provides resources and research on bullying and cyber bullying for professionals and adults. This organisation was established by the Royal Charter of Queen Victoria in 1895. They provide facts and statistics and have the largest library in the UK of materials on child protection.

ANTIBULLYING ALLIANCE

www.anti-bullyingalliance.org.uk/advice/parents-carers.aspx

Provides help and advice on ***cyberbullying***, the Centre maintains a ***website for children*** and young people, and ***parents*** and carers about staying safe online.

KIDSCAPE

https://www.kidscape.org.uk/

Kidscape - Preventing bullying, protecting children

Find out how we help **children**, teenagers, **parents** and teachers. **Anti-bullying** and ... ZAP **anti-bullying** and assertiveness workshops.